

Lower bikes

Shown below are some suggestions for the shorter rider regarding lowering bikes. This list is not exhaustive and not intended as a recommendation, just a starter for 10!

There are two options when looking for a lower bike:

- Buy a bike which is designed as a low model.
- Buy a bike then get it adapted.

Lower models:

Many the established manufacturers now make a low model, so this list could be lengthy. Check out these links for advice and reviews:

<https://www.devittinsurance.com/guides/best-bikes-for/shorter-riders/>

<https://www.carolenash.com/insidebikes/top-five-best-motorcycles-for-shorter-riders-that-arent-cruisers/>

<https://www.bennetts.co.uk/bikesocial/news-and-views/features/bikes/top-10-new-motorcycles-bikes-shorter-riders-low-seat>

Lowering kits:

Julian Taylor from Taylor Brothers Motorcycles suggests Lust Racing, a London based company, who can provide lowering kits for a huge range of bikes, from 125cc to 1400cc. Costs are surprisingly modest, usually £50-£70 (plus P&P), up to £200 for more complex kits (2021 prices, so probably higher now). The kit is provided to lower the rear suspension and adjust the front forks. Novice mechanics can ask their local bike shop to do the work, which should take about an hour. Julian advised that the side stand may also need to be shortened, which is a welding job, so may take a couple of days. Lust Racing are happy to deal with any queries.

<http://www.lustracing.co.uk/> (based in London)

Seats:

Bear in mind that that changing the seat may lower the bike slightly – a thinner and narrower seat may solve the problem!

<http://www.motorcycleseatworks.co.uk/motorcycle-seatworks> (based in Bradford)

Boots:

If you can't reach the ground, bring the ground closer to you! Thick soled boots are a recent innovation but not to everyone's taste; it's a case of seeing what works for you. Daytona

Lady Star Gore-Tex Boots have a 2.5cm raised inner sole and have great reviews but they're over £330 and only go up to size 39 (UK size 6).

https://www.sportsbikeshop.co.uk/motorcycle_parts/content_prod/98235 (based in Boston, Lincs)

Finally, this is a great website to gauge your seating position on any bike you're interested in riding. Just input your height and inside leg measurement and it will show your riding position on any bike.

<http://cycle-ergo.com/>